

# 11<sup>th</sup> grade meeting with your school counselor

## Fall 2016 meeting

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Ms. Ahrenberg	last names Co-G	leighann.ahrenberg@nhcs.net
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1. Current high school progress
  - a. Your current info.
    - i. GPA weighted: \_\_\_\_\_ GPA unweighted: \_\_\_\_\_ Current class rank: \_\_\_\_\_
    - ii. Credits earned: \_\_\_\_\_ Credits needed for graduation: \_\_\_\_\_
  - b. Discuss importance of class rank/GPA
  - c. Discuss getting involved in school and in our community
  - d. Discuss class requirements for graduation
  - e. Second semester schedule
2. Testing
  - a. Discuss importance of reviewing your PSAT (Pre-SAT) and PLAN (Pre-ACT) results
    - i. Predicted scores for actual SAT and ACT
    - ii. Suggested ways to improve on your future testing performances (prep options)
      1. <http://www.hoggardstudentservices.com/sat-and-act.html>
    - iii. Career suggestions and suggested website for further explanation on PLAN results
  - b. When do students typically take actual SAT and ACT exams (See reverse side)
  - c. ASVAB: pre-military entrance exam (see reverse side)
3. Post-Secondary Exploration
  - a. Different kinds of post-secondary education (4yr college, Community College, Technical programs, Apprenticeships, Job Corps, Military, Peace Corps and AmeriCorps)
  - b. Basic Requirement for most 4 year colleges- High School classes, grades, and test scores
  - c. College and Military reps visiting Hoggard (Friday focus sessions)
  - d. College visits, begin to visit campuses officially (College Visit 101 handout)
  - e. Military academies: application begins the spring of your junior year
  - f. NCAA eligibility for Div 1 and Div 2 college athletics, apply during summer after junior year, they will examine your GPA, core classes, and test results for eligibility.
  - g. Scholarships for college, lots of different qualifying factors, but some can be a talent (music, sports, etc.), grades, financial need, student involvement, etc.
    - i. Three key areas to look for scholarships-
    - ii. Scholarships from your selected colleges- Local scholarships- National scholarships
4. Miscellaneous material
  - a. Websites: Hoggard (Announcements), Student Services, College and Career, CFNC
  - b. Dual Enrollment through Cape Fear and UNCW (next application process March 2016)
    - i. Cape Fear: Ms. Coston - College and Career promise
    - ii. UNCW: Mr. Carnelley
  - c. Athletics and grades
  - d. Driver License and grades

e. Social Media Safety

Additional Testing information:

1. ACT: To sign up visit: [www.actstudent.org](http://www.actstudent.org)
  - a. Test dates can be found on ACT website): Required/Accepted by 4 year colleges
    - i. Feb. 11th (register by 1/13)
    - ii. Feb. 28th (*All juniors will take this at Hoggard free of charge. We will sign you up.*)
    - iii. April 8th (register by 3/8)
    - iv. June 10th (register by 5/5)
2. SAT: [www.collegeboard.org](http://www.collegeboard.org)
  - a. Test dates can be found on SAT website: Required/Accepted by 4 year colleges
  - b. SAT is now in the new format only
    - i. Jan. 21st (register by 12/21)
    - ii. Mar. 11th (register by 2/10)
    - iii. May 6th (register by 4/7)
    - iv. June 3rd (register by 5/9)
3. ASVAB: To sign up go into the College and Career Center here at Hoggard
  - a. Next test will be given during Spring semester
  - b. ASVAB is recommended for juniors and seniors to take (pre-military academic exam)
  - c. Brief notes
    - i. No commitment to military if you take exam
    - ii. Great practice for ACT/SAT exams
    - iii. Good career interest inventory and career resources
    - iv. Great exam to take to keep options open for military
    - v. Nine portions of this exam, heavy on science, math, and English
    - vi. You will also receive an AFQT score which is on a scale from 0-99 to see what branches you may qualify for academically and used for military career placement

### Exploring Colleges

- Take Career interests exams on CFNC, PLAN results, CFNC
- Choose a Major
- Location
- Cost of attendance (be aware of sticker shock)
- Size of school
- Setting of school
- Diversity of school and its programs
- Housing options
- Visit the campus (Use College Visit 101 worksheet)

### Exploring Careers

- Take career interest exams on CFNC/Plan results/ASVAB
- Explore careers online (**website linked on students services website**)
- Taking classes here in school matching your interest
- Interview someone in the field you are interested in pursuing
- Job Shadowing during school breaks
- Internships through CTE
- Summer exploration programs
- Part-time jobs
- Volunteering